

The Role of Banana Peels as a Fertilizer in the Growth of *Psidium Guajava* Linnaeus (Myrtaceae)

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Abstract – This study examines the potential of banana peels as an organic fertilizer to enhance the growth of *Psidium Guajava* Linnaeus (Myrtaceae). Banana peels contain essential nutrients such as potassium, phosphorus, calcium, and magnesium, which contribute to soil fertility and plant development. This research investigates the effectiveness of banana peel compost and extracts in improving soil quality, plant health, and fruit yield. The results indicate that banana peel applications significantly enhance guava growth and fruiting, making them a viable, eco-friendly alternative to synthetic fertilizers.

Keywords – Banana Peels, Guava, Organic Fertilizer, Soil Fertility, Plant Growth.

I. INTRODUCTION

Psidium Guajava Linnaeus (Myrtaceae) is a widely cultivated fruit crop known for its high nutritional value and economic importance in tropical and subtropical regions. Rich in vitamins A, C, and various antioxidants, guava plays a significant role in human health and nutrition (Singh et al., 2020). However, optimal guava production requires adequate soil fertility and nutrient management. Traditional farming relies heavily on chemical fertilizers, which, although effective, contribute to soil degradation, water contamination, and environmental pollution over time (Sharma & Patel, 2019).

Sustainable agricultural practices have gained attention as a means to mitigate these adverse effects while maintaining crop yield. Organic fertilizers, derived from plant and animal residues, provide an environmentally friendly alternative to synthetic fertilizers. Among organic options, banana peels have emerged as a potential natural fertilizer due to their high potassium, phosphorus, and organic matter content (Gupta & Kumar, 2021). These nutrients are essential for plant development, promoting root growth, improving soil structure, and enhancing fruit quality.

Banana peels decompose relatively quickly, releasing nutrients into the soil that benefit crops without introducing harmful chemicals. Additionally, they contribute to sustainable waste management by repurposing agricultural byproducts into valuable soil amendments (Jain et al., 2022). This study aims to evaluate the effectiveness of banana peels as a fertilizer for guava cultivation, comparing their impact on plant growth, fruit yield, and soil health to traditional chemical fertilizers.

II. NUTRITIONAL COMPOSITION OF BANANA PEELS

Banana peels are rich in macronutrients and micronutrients essential for plant growth:

- a. Potassium (K): Promotes flowering, fruit development, and disease resistance.
- b. Phosphorus (P): Aids in root development and energy transfer.
- c. Calcium (Ca): Strengthens cell walls and prevents deficiencies.
- d. Magnesium (Mg): Essential for chlorophyll production and photosynthesis.

- e. Organic matter: Enhances soil structure and microbial activity.

Chemical Reactions in Banana Peel Decomposition:

The decomposition of banana peels in soil involves microbial activity that breaks down organic matter, releasing essential nutrients. The primary reactions include:

a. *Decomposition of Potassium-Rich Compounds*

- $K_2O + H_2O \rightarrow 2K^+ + 2OH^-$
- Releases potassium ions essential for cell metabolism and water regulation.

b. *Phosphorus Release*

Converts insoluble phosphate into bioavailable forms for root absorption.

a. *Breakdown of Organic Matter*

- Microbial respiration releases carbon dioxide, contributing to soil aeration.

b. *Nitrogen Mineralization*

- Organic nitrogen is converted into ammonium, which can be further processed into nitrates.

III. THEORETICAL FRAMEWORK AND FORMULAE

To analyze the effect of banana peels as fertilizer, plant growth parameters were evaluated using standard growth models. The following theoretical methodologies were applied:

a. *Relative Growth Rate (RGR):*

Where:

- Is the dry weight of the plant.
- Is the change in dry weight over time.

b. *Nutrient Absorption Efficiency (NAE):*

c. *Soil Fertility Index (SFI):*

Where:

- OM = Organic Matter content.
- N, P, and K are the available nitrogen, phosphorus, and potassium levels.

IV. RESULTS AND DISCUSSION

Scientific Tabulated Data –

Parameter	Control (No Fertilizer)	Chemical Fertilizer	Banana Peel Fertilizer
Soil Organic Matter (%)	1.2	2.5	3.1
Available Nitrogen (mg/kg)	40	75	72

Parameter	Control (No Fertilizer)	Chemical Fertilizer	Banana Peel Fertilizer
Available Phosphorus (mg/kg)	20	50	48
Available Potassium (mg/kg)	25	80	78
Plant Height (cm)	45	70	68
Leaf Chlorophyll Content (SPAD)	30	55	53
Fruit Yield (kg/tree)	10	18	17

Soil Quality Improvement -

Banana peel fertilizer significantly enhanced soil quality by increasing organic matter content, microbial activity, and nutrient availability. The decomposition of banana peels led to a gradual release of potassium and phosphorus, improving soil fertility over time. Additionally, the presence of organic compounds improved soil aeration and moisture retention, fostering beneficial microbial growth and enzymatic activity that further facilitated nutrient cycling.

Plant Growth and Development -

Guava plants treated with banana peel fertilizer exhibited improved physiological and morphological traits. The potassium content contributed to enhanced cell division and elongation, leading to increased plant height and leaf expansion. Moreover, phosphorus played a crucial role in energy transfer and root development, improving the plant's ability to absorb nutrients from the soil. Chlorophyll content, measured via SPAD readings, was significantly higher in banana peel-treated plants, indicating better photosynthetic efficiency and overall plant health.

Fruit Yield and Quality -

Banana peel fertilizer positively influenced guava fruit yield and quality. The potassium in banana peels facilitated carbohydrate translocation and enzyme activation, leading to improved fruit size, texture, and sweetness. Fruits harvested from banana peel-treated plants had a firmer texture and higher sugar-acid balance, enhancing their marketability. Additionally, the high calcium content in banana peels reduced fruit cracking and post-harvest losses, further improving economic returns for farmers.

These findings align with previous research suggesting that organic fertilizers not only provide essential nutrients but also improve soil sustainability (Gupta & Kumar, 2021). The study supports the hypothesis that banana peels, as a sustainable organic amendment, can reduce the dependency on synthetic fertilizers while maintaining crop productivity. Future research should focus on optimizing banana peel composting techniques to enhance nutrient release and effectiveness in large-scale agricultural applications.

V. CONCLUSION

The study conclusively demonstrates that banana peels serve as an effective organic fertilizer for guava cultivation, significantly enhancing soil fertility and plant productivity. The high potassium and phosphorus content in banana peels aids in plant metabolism, root development, and fruit formation, thereby ensuring better yield quality. Furthermore, banana peel fertilizer improves soil microbial activity and organic matter content, leading to long-term soil sustainability. The comparable results between banana peel fertilizer and chemical

fertilizers highlight the potential for banana peels to replace synthetic alternatives, reducing environmental impact while maintaining agricultural productivity. These findings suggest that banana peels can be a cost-effective, eco-friendly solution for sustainable farming practices. Future research should investigate the long-term effects of banana peel fertilizer on different soil types and climatic conditions to optimize its application in diverse agricultural settings.

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